



# **Paul Young Catering**

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## **SALADS**

**Coleslaw or Green or Mixed Leaf or Tossed Salad.**

**New potatoes with minted mayonnaise and shallots.**

**Carrot & orange salad with toasted pinenuts.**

**Sliced vine-ripened tomatoes with sweet red onions & fresh basil leaves.**

**Beetroot with apple & walnuts.**

**Penne pasta quills in provencale with roasted sweet peppers.**

**Celeriac, red onion & apple slaw with crème fraiche & grain mustard.**

**Cous-cous, quinoa with fresh garden herbs, olives, sweet peppers & capers**

**Curried basmati rice with coconut shavings, sultanas & apricots.**

**Cherry tomatoes with black olives, fresh herbs & balsamic oil.**

**Spiral vegetable medley with toasted sesame and lemon dressing.**

**A medley of beans & chickpeas tossed in a fresh herb vinaigrette.**